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Silk Ribbon Rose Heart

Instructions for Heart Cushion

Requirements:

Zweigart Puzzle fabric in cream(2362.170.12) 28 x 28cm (.50cm includes frill & backing)

No. 9 DMC crewel needle, No. 18 DMC chenille needle.

One skein each of DMC stranded cotton- 3726, 3051, 3747, 3078.

One skein of DMC Medici 8308.

One skein of DMC Perle #5 225

Bucilla Silk Ribbon 4mm 563, 562, 643, 600, 655, 3046.

Bucilla Organza Ribbon 9mm 9120

Use the colour photograph as a guide for stitch placement.

1. **Feather stitch** - embroider all with one strand of 3051.

2. Embroider the **spider roses** at the top and bottom of the heart with 4mm 562. Use 4mm 563 for the **colonial knots** in the centre. Stitch seven **straight stitches** 4-5mm in length out from the colonial knots with three strands of 3726. Weave 4mm 562 under & over the straight stitches until all thread has been covered. Use 4mm 563 to work all of the two roses inside the heart.

3. Use 4mm 643 for rose leaves in **lazy daisy** stitch.

4. Embroider the lazy daisy flower and bud in the heart centre with 9mm organza. Embroider the leaves with 4mm 643 in ribbon stitch, and one small **straight stitch** in the centre of the leaves with one strand of 3051. Embroider the **fly stitch** around the bud with three strands of 3051. The daisy centre is a **colonial knot** using six strands of 3078.

5. Embroider the blue **ribbon stitch** flower petals with 4mm 600, and stitch one small straight stitch in the centre of each petal with one strand of 3747. Embroider the lemon ribbon stitch flowers with 4mm 655 and one strand of 3078. Use 3 strands of 3078 to stitch a colonial knot in the centre of blue flowers and 3046 for the lemon flowers.

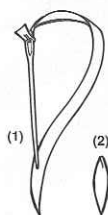
6. Embroider the **colonial knots** in the vine with 4mm 562. Stitch the fly stitch with one strand of 3051.

7. Embroider the **colonial knots** in the centre of the rhododendrons with 4mm 563. Use one strand of 3051 for the **lazy daisy** leaves around the knots.

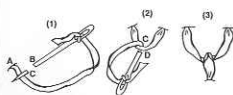
8. Lavender - use one strand of 8303 for the **fly stitch**. Embroider the three **lazy daisy** stitches and colonial knots with 224.

Threading the Needle- Thread the ribbon through the needle & push the point of the needle back through the end you have just threaded, about 4mm from the end. Pull the end of the ribbon until it knots at the eye of the needle.

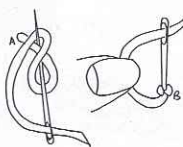
Ending stitches- Secure your stitches in place before beginning a new area. Do Not drag the ribbon from one area to another.



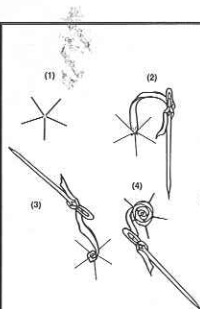
Ribbon Stitch - 1. Bring your needle up at A, make sure the ribbon is flat. Push the needle into the centre of the ribbon 3-4 mm from A.
2. Carefully pull the needle & ribbon through as you will lose the loop if you pull too tight.



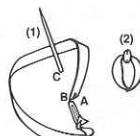
Fly Stitch - 1. Needle up at A, down at B.
2. & 3. Needle up at C, down at D. Anchor the loop with a small straight stitch.



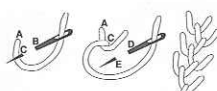
Colonial Knot- Bring the needle up at A. Manipulate the needle to wrap the thread over, under, over and under the needle forming a figure '8'. Go back through the fabric at B (as close as possible to A). Keep the needle vertical while tightening the thread firmly around the needle. Hold the knot in place as you pull the thread through to the back.



Spider Rose- 1. Straight stitch spokes first.
2. Needle up at A, down at B, keeping ribbon flat.
3. Anchor the ribbon, then weave the ribbon over & under the straight stitches.
4. When weaving, keep the ribbon loose & allow it to twist.
5. To end, stitch down through to the fabric along the last row of petals.



Lazy Daisy- 1. Needle up at A and down at B (this will form your loop), then up at C.
2. Needle down again very close to C to form your anchor stitch.



Feather Stitch- Similar to a fly stitch without the anchor stitch. Up at A and across the fabric to B. Out again at C, the thread will loop under the needle as in the fly stitch. Pull flat. For second stitch, go down at D and back up at E.

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