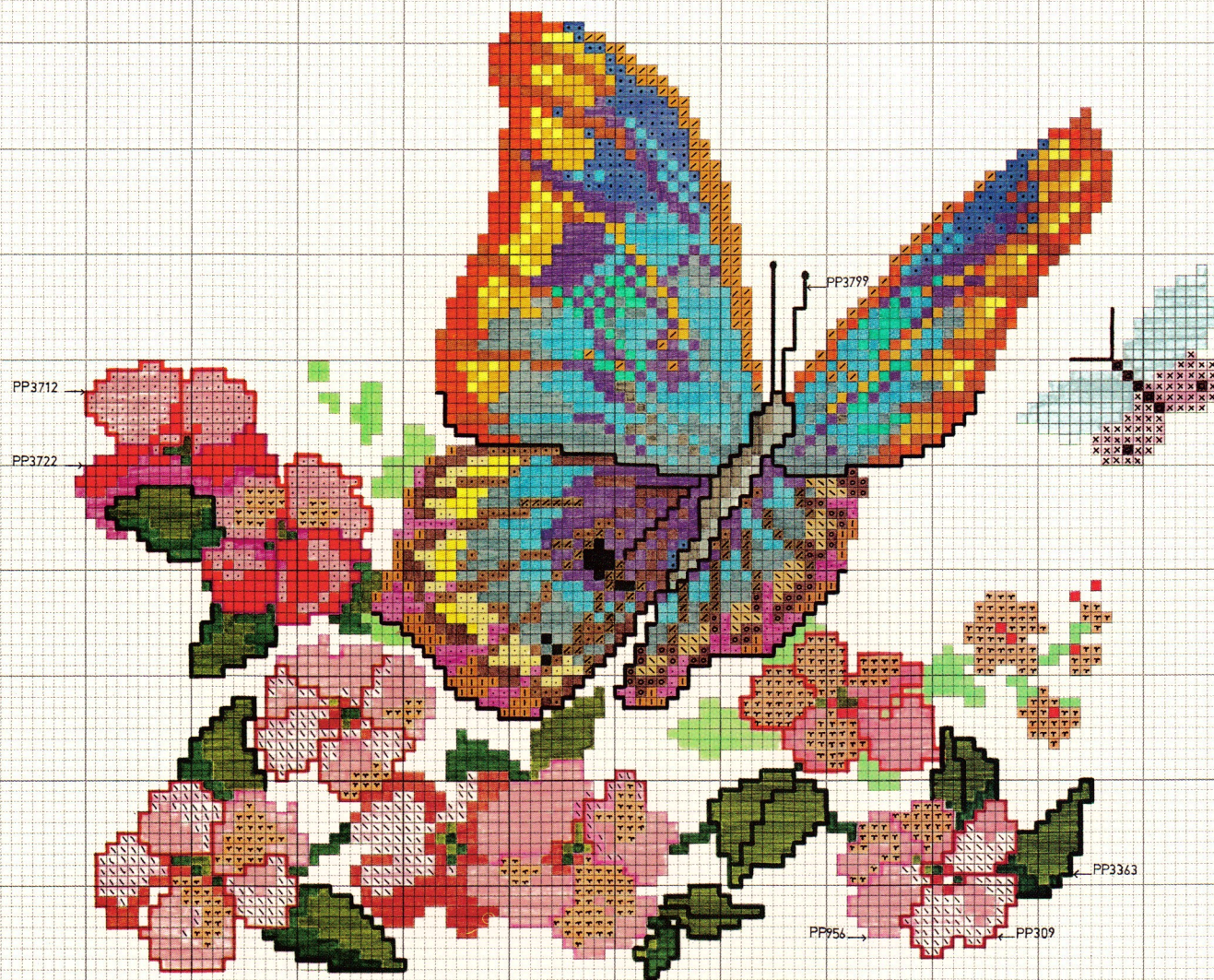


Diagram of the “Wings” design



3713
776
3716
956
3712
309
3722
3726

3772
3778
3777
300
3781
840
3776
436

783
725
676
369
368
3363
943
452

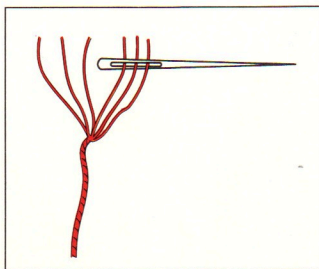
3743
210
209
340
333
798
791
3799
3747

To create this design you need

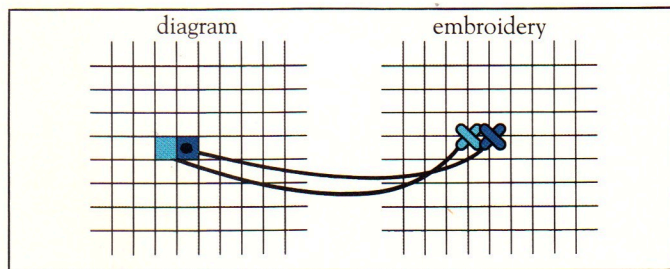
- DMC Stranded thread Art 117
- Aida Cloth: Art 3706 minimum size 45 x 45cm
- embroidery needle no. 24

Advice on how to embroider the “Wings” design using counted cross-stitch.

It's better to start your embroidery from the centre of the fabric. To work out where the centre of the fabric is, fold it into four. You should overcast the edges on the four sides to stop it fraying. Next take your skein of thread and cut off a length of around 60 cm. Separate the thread into two groups of three strands.

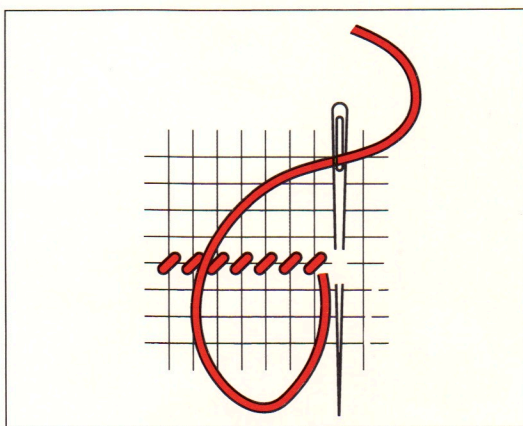


For this design you embroider with three strands. The diagram will help you. Each colour square or symbol corresponds to a colour of DMC stranded embroidery thread and to a “cross stitch”.

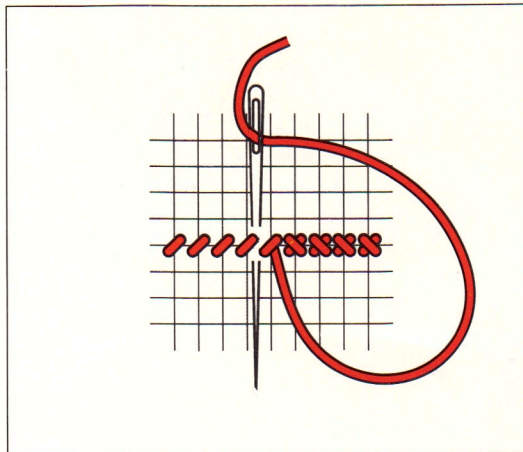


The cross stitch is done in two steps

(front)



(back)



1) From left to right (out)

- Draw the thread downwards on the left and hold the end of the thread on the reverse side with the index finger (don't tie a knot because when stretched this would cause a lump on the surface).
- Insert the needle at the top on the right and draw it out vertically downwards.
- Do a complete row with this first stitch as a marker.

2) From right to left (back)

- Form a cross by inserting the needle at the top on the left and draw it out again vertically downwards. To block your thread on the inside, slip it under the stitches you have formed.
- If a cross is isolated, finish it immediately.
- Do all your stitches in the same direction.

Upkeep: You can wash your embroidery with warm water and a gentle detergent. Rinse abundantly. Iron it on the inside. Don't dry-clean.



THE THREAD THAT ENHANCES YOUR IDEAS